



Discoveryland News



Thankfulness is an attitude we should have year round, but in November, we celebrate Thanksgiving and tend to be extra aware of being thankful during this month. I have many reasons to be thankful. I am grateful for my life with these little people and the teachers who work so tirelessly for them. I am grateful for you parents who are always letting us know how much your children enjoy being here—even the comments that are hard to hear. We appreciate your feedback so we can be better for you. This month, I hope you are able to look at your life and all that you have and wake up and go to bed each day feeling thankful. I think if your little ones were able to, they would say Thank You, Mommy and Daddy for giving us such wonderful opportunities.

We have some fun things happening this month as well as well as the Thanksgiving closure. One of my favorite things about this month is the Harvest feast we do together. We will be meeting in the gym to eat together. Look for **sign-up sheets in your child's classroom** so you can bring a dish to share. This day will be a half-day with school ending at 1 PM. We will see you back at school the Monday after Thanksgiving.

This month we are also having parent/teacher conferences. Please try and attend so you can see how your child is progressing. We will have sign up sheets in your home rooms. If you are not able to meet, please let your teacher know and they can share a copy of the assessment with you. **Don't forget, this is the first one, so it's ok if they are catching up on some things.** They have all year to grow. I think that's it for now. Please check the other items on the newsletter just in case I missed something. Enjoy one another and may love and happiness abound in your homes this Holiday season. Sincerely,

Ms. Penny Corpus, Director

Dates to Remember

November

- 1 Parent Evaluations
- 5-16 Parent/Teacher Conferences
- 21 Thanksgiving Potluck— 11:30am. School dismissed at 1pm.
- 22-23 No School – Thanksgiving break

December

- 19 Christmas Concert
- 24-Jan 1 No School – Christmas Break



- 3 Chloe Truong (Rm 3)
- 6 Ms. Tania (Teacher, Rm 2)
- 13 Ms. Arlene (Office Staff)
- 15 Javen Estoesta (Rm 5)
- 21 Miles Wu
- 21 Sanjana Kandhavel (Rm 1)
- 28 Ms. Leila (Teacher, Rm 1)



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Penny Corpus, Director

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
			1 Bagels w/Butter Fresh Fruit & Milk Orange Chik'n , Broccoli, Steam Rice, Fresh Fruit & Milk Wheat Thins & Grape Juice	2 Cheerios, Fresh Fruit & Milk BLT Sandwich, Curly Fries, Fresh Fruit & Milk Pita Bread w/Strawberry Jam & Cranberry Juice
5 Corn Chex Cereal, Fresh Fruit & Milk Cheese Ravioli w/Marinara Sauce, Celery, Garlic Bread, Fresh Fruit & Milk Vanilla Wafers, Milk & Orange Juice	6 English Muffins, Fresh Fruit & Milk Crunchy Tacos, Corn, Spanish Rice, Fresh Fruit & Milk Goldfish Crackers & Apple Juice	7 Cinnamon Toast, Fresh Fruit & Milk Chicken Nuggets, Broccoli, Strawberry Jam Sandwich, Fresh Fruit & Milk Granola Bars, Yogurt & Mango Juice	8 Blueberry Muffins, Fresh Fruit & Milk Mac & cheese, Big Franks, Green Beans, Fresh Fruit & Milk Ritz Crackers & Grape Juice	9 Raisin Bran Cereal, Fresh Fruit & Milk Wham & Cheese Sandwich, Tater Tots, Fresh Fruit & Chocolate Milk Belvita Crackers, Milk & Pineapple Juice
12 Cheerios, Fresh Fruit & Milk Spaghetti w/Garlic & Butter Sauce, Carrots, Garlic Bread, Fresh Fruit & Milk Animal Crackers, Milk & Grape Juice	13 Pancakes, Fresh Fruit & Milk Bean & Cheese Burrito, Green Bean, Spanish Rice, Fresh Fruit & Milk Cheez-it Crackers & Orange Juice	14 French Toast, Fresh Fruit & Milk Chik'n Salad Wrap , Cucumbers, Fresh Fruit & Milk Graham Crackers, Milk & Pineapple Juice	15 Bagels w/Cream Cheese, Fresh Fruit & Milk Chicken Chow Mein, Peas & Carrots, Fresh Fruit & Milk Wheat Thins & Mango Juice	16 Corn Chex Cereal, Fresh Fruit & Milk Grilled Cheese Sandwich, Curly Fries Fresh Fruit & Milk Pita Bread w/Strawberry Jam & Apple Juice
19 Raisin Bran Cereal, Fresh Fruit & Milk South-of-the-Border Pasta, Green Salad, Garlic Bread, Fresh Fruit & Milk FH CLOSED Vanilla Wafers, Milk & Pineapple Juice	20 Waffles, Fresh Fruit & Milk Cheese Enchilada, Corn, Spanish Rice, Fresh Fruit & Milk FH CLOSED Goldfish & Grape Juice	21 Cheerios, Fresh Fruit & Milk * FAMILY POTLUCK *	22 THANKSGIVING HOLIDAY SCHOOL CLOSED	23 DAY AFTER THANKSGIVING SCHOOL CLOSED
26 Corn Chex Cereal, Fresh Fruit & Milk Penne Pasta w/Pesto Sauce, Toss Salad, Garlic Bread, Fresh Fruit & Milk Animal Crackers, Milk & Mango Juice	27 Blueberry Muffins, Fresh Fruit & Milk Cheese Quesadilla, Green Beans, Spanish Rice, Fresh Fruit & Milk Ritz Crackers & Apple Juice	28 Egg & Cheese Croissant, Fresh Fruit & Milk Beef Tortas, Lettuce & Tomato, Fresh Fruit & Milk Granola Bar, Fruit, yogurt, & Cranberry Juice	29 Cinnamon Toast, Fresh Fruit & Milk Teriyaki burger, Peas & Carrots, Fresh Fruit & Milk Cheez-It Crackers & Pineapple Juice	30 Cheerios, Fresh Fruit & Milk Cheese Burger, Tater Tots, Fresh Fruit & Chocolate Milk Belvita Crackers, Milk & Grape Juice

NOVEMBER

is...

- **Children Safety and Protection Month:** Know and/or post the phone number of your Poison Control Center in case of emergency.
- **National Lung Cancer Awareness Month:** Lung cancer is the leading cause of cancer deaths worldwide. Secondhand smoke contains over 250 cancer-causing chemicals. Love and respect your family and yourself. Give the gift of good air health... don't smoke!
- **Family Stories Month:** Share with your child stories from your childhood or from your grandparents' childhoods. History is passed from generation to generation and bonds the family.

Boil, grill, steam, bake, roast...
Good-for-you winter veggies are now in season!

Use them in soup, stews or as sides: carrots, cabbage, kale, sweet potatoes, beets, winter squash, collard greens, Brussels sprouts, Swiss chard, escarole and turnips.

