



2021

Discoveryland News

2021 has sure kept us on our toes already! January ushered in a New Year and new leadership, giving us an opportunity to start fresh and be renewed with hope for better things to come. February is always a month we enjoy here at school. We focus on love and friendships and the importance of showing kindness to one another. Sometimes when I am in the classrooms visiting, I am reminded of how easy or difficult loving someone else can be. We have children who are so loving regardless of how the other child may be acting towards them. And then there are times when I hear the teachers reminding them how we need to remember that we are all friends here at school. Such simple things that should be remembered as adults when we go about our daily routines or head out to work or do errands. I say to myself, if you can be anything, be kind. It's a mantra that we all need to remember and share with our little ones. Ask them what they think love or kindness means. You'll be surprised at their answers. I know we either smile at the funny ones or are truly touched by some of the deeper answers. So as we make our way through February, remember to LOVE and show KIDNESS.



HAPPY FRIENDSHIP DAY

Thank you to all of you who got the word out about our open house. Word of mouth is the most effective way of sharing the great news about our center. We have had many register because you shared with a co-worker or neighbor. Don't forget we also return that favor with a referral credit for each family that signs up at our center. We appreciate the shout out.



Thank you for intrusting us with your precious children. We are having so much fun with them as they find new friends and learn new things with us. Have a wonderful February.

Sincerely,
Ms. Penny Corpus,
Director



Dates to Remember

February
12 Friendship Day
15 No School – Presidents Day Holiday



- 1 Ms. Nisheetha (Staff)
- 2 Orson Chung (Staff)
- 11 Ms. Lulu (Staff)
- 24 Evan Wu
- 25 Soham Ghimire

Discoveryland Preschool

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Penny Corpus, Director

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 *Raisin Bran Cereal, Bananas & 1% Milk <i>Spaghetti w/Garlic & Butter, Tossed Salad, Garlic Bread, Watermelon & 1% Milk</i> Ritz Crackers & Orange Juice	2 Coconut & Banana Pancakes, Strawberries & 1% Milk <i>Cheese Flautas, Green Beans, Spanish Rice, Refried Beans, Oranges & 1% Milk</i> *Wheat Thins Crackers & Grape Juice	3 *Egg & Cheese English Muffins, Papaya & 1% Milk <i>Chik'n ABC Soup,</i> *Cheese Sandwiches, Peas & Carrots, Apples & 1% Milk Animal Crackers & Pineapple Juice	4 Bagels w/ Cream Cheese, Mangos & 1% Milk Fried Rice w/ Eggs, Turk's Strips, Broccoli, *Steamed Rice, Pineapples & 1% Milk Goldfish Crackers, & Cranberry Juice	5 Corn Chex, Blueberries & 1% Milk <i>*Wham & Cheese Sandwich, Tater Tots, Honey Dews & 1% Milk</i> Pita Crackers & Apple Juice
8 Cheerios, Peaches & 1% Milk <i>Ravioli Pasta w/ Alfredo Sauce, Celery, Garlic Bread, Pineapples & 1% Milk</i> *Belvita Crackers & Grape Juice	9 *French Toast, Papaya & 1% Milk <i>Haystacks, Corn, Spanish Rice, Refried Beans, Watermelons & 1% Milk</i> Graham Crackers & Apple Juice	10 Blueberry Muffins, Strawberries & 1% Milk <i>Corn Dogs, Cucumbers, Apples & 1% Milk</i> *Whole Wheat Crackers & Cranberry Juice	11 Egg & Cheese Croissant, Mangos & 1% Milk <i>Orange Chik'n,</i> Broccoli, *Steamed Rice, Oranges & 1% Milk Cheese-it Crackers & Pineapple Juice	12 *Raisin Bran Cereal, Bananas & 1% Milk <i>*Fish Fillet Burgers, Curly Fries, Cantaloupes & 1% Milk</i> Ritz Crackers & Orange Juice
15 No School President's Day Holiday	16 Waffles, Strawberries & 1% Milk <i>Cheese Enchiladas, Corn, Spanish Rice, Refried Beans, Honey Dews & 1% Milk</i> *Wheat Crackers & Grape Juice	17 Bagels w/ Cream Cheese, Papayas & 1% Milk <i>*Chik'n Salad Wrap,</i> Cucumbers, Apples & 1% Milk Graham Crackers & Orange Juice	18 *French Toast, Mangos & 1% Milk <i>Chik'n Chow Mein,</i> Peas & Carrots, Pineapples & 1% Milk Pita Bread Sandwiches & Cranberry Juice	19 Corn Chex Cereal, Blueberries & 1% Milk <i>*BLT Stripples Sandwich, French Fries, Oranges & 1% Milk</i> Animal Crackers & Apple Juice
22 *Raisin Bran Cereal, Bananas & 1% Milk <i>South-of-Border Pasta, Tossed Salad, Garlic Bread, Watermelons & 1% Milk</i> Vanilla Wafers & Cranberry Juice	23 Coconut & Banana Pancakes, Papayas & 1% Milk <i>Cheese Quesadilla, Green Beans, Spanish Rice, Oranges & Milk</i> *Belvita Crackers & Pineapple Juice	24 *Egg & Cheese English Muffins, Strawberries & 1% Milk <i>Beef Tortas, Lettuce & Tomatoes, Apples & 1% Milk</i> Goldfish Crackers & Grape Juice	25 Blueberry Muffins, Mangos & 1% Milk <i>Teriyaki Hamburger, *Steamed Rice, Broccoli, Cantaloupes & 1% Milk</i> Graham Crackers & Orange Juice	26 Cheerios, Bananas & 1% Milk <i>Cheese Burger, Tater Tots, Pineapples & 1% Milk</i> *Whole Wheat Crackers & Cranberry Juice

* (WGR) Whole Grain – Rich food item. Examples below:

- * Whole grain bread
- * Brown rice
- * Whole grain tortilla
- * Whole grain cereal

* We serve only 100% juices at our center