



# Discoveryland News

# 2023

Happy summer!



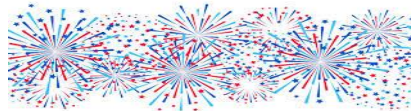
Although I must say it doesn't feel like a normal Bay Area summer does it? At least not yet. I am sure the heat is on its way. We have been enjoying this cooler weather and spending a lot of time outside enjoying the fresh air and sunshine. Thank you to all the parents who were able to come and spend some time with us at our Parent Appreciation Breakfast. Your children were so happy to see you here eating with them and spending time at their school. So thank you. We appreciate all you do for us and allowing us to be your child's first learning experience. Summer camps began on June 12 and we had a blast the first week building and wrecking things with Ms. Tania! If you want to check out pictures, they are on our FB Discoveryland Preschool page. Much more fun and learning is being planned for your little ones by our dedicated and creative teachers. Each summer we have new and fun themes to explore.

As many of you are aware, the tuition/registration rates were posted and announced last month. If you have any questions please do not hesitate to ask. Please also ask about our Referral program. You can earn cash or credit by referring our center to anyone who needs child care. We both benefit from this program. There are some restrictions, so please check the board in the office to see how that works.

As the summer continues, please remember we are not able to apply sunscreen on



your child. You may apply it when they get to school if you like. Also hats are great to keep sun off their little faces. If you dress your child in long sleeves, please remember kid's body temps run higher than adults. They get over heated easily if they are bundled up in layers. One long sleeve is sufficient. But no jackets please. We continue to monitor them constantly when they are out during the summer. We make sure they are cooled by drinking water, and sending them to the shade if they are getting hot. We also have fun water activities available. Just remember to send extra clothes if they plan to get wet. Your lead teacher will also remind you if it is a water play week.



I also wanted to remind parents that OUTSIDE food is not permitted in the center. Our school provides meals and snacks for your child. Many times it is sent or allowed, but we cannot continue to do so since there are children with severe allergies and we would be liable if anything happened. So please do not send food to school. The only time it is allowed is if the child has a medical note from the Dr. stating they are on a special diet. Thank you for understanding.



I hope all of you enjoyed an extra-long weekend July 3 and 4 celebrating the Birth of American Independence. As we reflect on the freedoms we have, let us be grateful and inclusive of those around us. We are a melting pot of wonderful cultures, colors and flavors. What a beautiful place to

live in. I for one love the culture represented in our school. Have a wonderful month of July

Sincerely,  
Ms. Penny Corpus, Director

## Dates to Remember

July  
3 & 4 School Closed  
for 4<sup>th</sup> of July Holiday



- 1 Ms. Jackie
- 2 Wyatt Nguyen
- 6 Aiden Juarez
- 9 Ava Quiambao
- 16 Ms. Sheila
- 16 Eric Lam
- 23 Farrah Pugh
- 25 Ms. Nelly

## Discoveryland Preschool

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Penny Corpus, Director

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>3</p> <p><b>DISCOVERYLAND</b></p> <p><b>CLOSED</b></p>	<p>4</p> <p><b>4<sup>th</sup> OF JULY</b></p> <p><b>DISCOVERYLAND</b></p> <p><b>CLOSED</b></p>	<p>5</p> <p>*Cinnamon Toast, Strawberries &amp; 1% Milk</p> <p><i>Cheese Quesadilla, Green Bean, Spanish Rice, Tangerines &amp; 1% Milk</i></p> <p>Animal Crackers &amp; Orange Juice</p>	<p>6</p> <p>Bagels w/ Cream Cheese, Mangos &amp; 1% Milk</p> <p><i>Teriyaki Hamburger, *Steamed Rice, Peas &amp; Carrots, Pineapples &amp; 1% Milk</i></p> <p>Goldfish Crackers &amp; Apple Juice</p>	<p>7</p> <p>Cheerios Cereal, Bananas &amp; 1% Milk</p> <p><i>*Cheese Burger, French Fries, Peaches &amp; 1% Milk</i></p> <p>Ritz Crackers &amp; Grape Juice</p>
<p>10</p> <p>Kix Cereal, Blueberries &amp; 1% Milk</p> <p><i>Penne Pasta w/ Pesto Sauce, Angel Carrots, Garlic Bread, Watermelon &amp; 1% Milk</i></p> <p>*Belvita Crackers &amp; Apple Juice</p>	<p>11</p> <p>*French Toast, Papayas &amp; 1% Milk</p> <p><i>Cheese Enchilada, Spanish Rice, Corn, Honey Dews &amp; 1% Milk</i></p> <p>Graham Crackers &amp; Cranberry Juice</p>	<p>12</p> <p>Blueberry Muffins, Strawberries &amp; 1% Milk</p> <p><i>Chik'n Nuggets, *Strawberry Jam Sandwiches, Peas &amp; Carrots Apples &amp; 1% Milk</i></p> <p>Goldfish Crackers &amp; Orange Juice</p>	<p>13</p> <p>Egg &amp; Cheese Croissant, Mangos &amp; 1% Milk</p> <p><i>Macaroni &amp; Cheese, Supper Links, Broccoli, Garlic Bread, Cantaloupes &amp; 1% Milk</i></p> <p>*Whole Wheat Crackers &amp; Grape Juice</p>	<p>14</p> <p>Corn Chex Cereal, Peaches &amp; 1% Milk</p> <p><i>*Wham &amp; Cheese Sandwich, Tater Tots, Pineapples &amp; 1% Milk</i></p> <p>Vanilla Wafers, &amp; Apple Juice</p>
<p>17</p> <p>*Cheerios, Bananas &amp; 1% Milk</p> <p><i>Lasagna, Asparagus, Oranges, Garlic Bread &amp; 1% Milk</i></p> <p>Vanilla Crackers &amp; Orange Juice</p>	<p>18</p> <p>Pancakes, Strawberries &amp; 1% Milk</p> <p><i>Tacos, Spanish Rice, Corn, Watermelon &amp; 1% Milk</i></p> <p>*Whole Wheat Crackers &amp; Grape Juice</p>	<p>19</p> <p>Bagel w/ Cream Cheese, Mangos &amp; 1% Milk</p> <p><i>Chik'n ABC Soup, *Cheese Sandwiches, Peas &amp; Carrots, Apples &amp; 1% Milk</i></p> <p>Cheese-it Crackers &amp; Cranberry Juice</p>	<p>20</p> <p>Egg &amp; Cheese English Muffins, Papayas &amp; 1% Milk</p> <p><i>Orange Chik'n, *Steamed Rice, Broccoli, Cantaloupes &amp; 1% Milk</i></p> <p>Graham Crackers &amp; Apple Juice</p>	<p>21</p> <p>*Raisin Bran Cereal, Blueberries &amp; 1% Milk</p> <p><i>Cheese Pizza w/ BK Sausage, French Fries, Pineapples &amp; 1% Milk</i></p> <p>Ritz Crackers &amp; Pineapple Juice</p>
<p>24</p> <p>Corn Chex Cereal, Peaches &amp; 1% Milk</p> <p><i>Spaghetti w/ Marinara Sauce, Tossed Salad, Garlic Bread, Watermelon &amp; 1% Milk</i></p> <p>*Belvita Crackers &amp; Grape Juice</p>	<p>25</p> <p>*French Toast, Strawberries &amp; 1% Milk</p> <p><i>Bean &amp; Cheese Burrito, Spanish Rice, Corn, Honey Dews &amp; 1% Milk</i></p> <p>Pita Bread Sandwiches &amp; Apple Juice</p>	<p>26</p> <p>Blueberry Muffins, Papayas &amp; 1% Milk</p> <p><i>*Beef Salad Wrap, Cucumbers, Oranges &amp; 1% Milk</i></p> <p>Animal Crackers, Yogurt &amp; Orange Juice</p>	<p>27</p> <p>Egg &amp; Cheese Croissant, Mangos &amp; 1% Milk</p> <p><i>Turky Strips, Peas &amp; Carrots, *Fried Rice, Pineapple &amp; 1% Milk</i></p> <p>Goldfish Crackers &amp; Cranberry Juice</p>	<p>28</p> <p>Kix Cereal, Bananas &amp; 1% Milk</p> <p><i>*Tuscan Grill Cheese Sandwiches, Tater Tots, Peaches &amp; 1% Milk</i></p> <p>Vanilla Crackers &amp; Pineapple Juice</p>
<p>31</p> <p>*Cheerios Cereal, Bananas, Milk</p> <p><i>Ravioli w/ Marinara Sauce, Broccoli, Garlic Bread, Oranges &amp; 1% Milk</i></p> <p>Ritz Crackers, Apple Juice</p>				

\*(WGR) Whole Grain – Rich food item. Examples below:

- \* Whole grain bread
- \* Brown rice
- \* Whole grain tortilla
- \* Whole grain cereal