

Discoveryland News



already! After a fabulously fun summer program, we will be ready for all of you on August 14 for the 2023-2024 school year. The teachers will be taking a much needed short summer break the week of August 7-11. We are happy to announce our dedicated teaching team as follows. Room one will be Ms. Tania and Ms. Sheila. Many of you have met Ms. Gina who is filling in for Sheila in her absence. Room 2. we have Ms. Rianna and Ms. Esperanza. Room 3 will still be graced with Ms. Annie and Ms. Nisheetha. Our Pre-Kindergarten class will be taught by Ms. Janet and Ms. Gerry.



Ms. Martha will continue to cook the delicious healthy meals for us. And in the office you can find Ms. Jackie and Ms. Arlene ready to assist you in any way they can. Mr. Orson Chung is our accountant and is the one to ask all questions regarding your balances, etc. And I, Ms. Penny Corpus am always available to speak with you in person or via email. We are here to help your child grow and have the best start to their educational journey.

NO WELCOME TO 123 PRESCHOOL!

As we begin the new year, I would like to remind you that the road to school isn't always going to be fun or a happy beginning for your child. We all go through things that hold us back when there is a transition in our lives. But we also know that transitions pass and we keep going with more confidence as things become consist and clear. We know what to expect now. We begin to create days to be celebrated and remembered. Your child will go through days like these. We encourage you to talk them through it, and let us know as well so we can help them adjust to the new changes. We are here for their wins and accomplishments as well as things that are difficult for them. So THANK YOU for allowing us to take their hand as we walk them through these doors and out to knowledge, creativity, socializing and becoming

more independent. Have a blessed month of August.

Ms. Penny Corpus, Director

Back to Schoo



DISCOVERYLAND MENU Breakfast, Lunch, Snack

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1 *Cinnamon Toast, Strawberries & 1% Milk	2 Bagels w/ Cream Cheese, Mangoes & 1% Milk	3 Egg & Cheese English Muffins, Papayas & 1% Milk	4 Corn Chex Cereal, Bananas & 1% Milk
	Tostaditas, Spanish Rice, Corn, Watermelon & 1% Milk	Corn Dogs, Cucumbers, Apples & 1% Milk	Beef Stir Fry, *Steamed Rice, Broccoli, Pineapples & 1% Milk	*BLT Sandwiches, Crinkle Cuts Fries, Honey Dew & 1% Milk
	Grahams Crackers & Cranberry Juice	*Whole Wheat Crackers & Pineapple Juice	Ritz Crackers & Grape Juice	Vanilla Crackers & Orange Juice
7	8	9	10	11
DISCOVERYLAND	DISCOVERYLAND	DISCOVERYLAND	DISCOVERYLAND	DISCOVERYLAND
CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
14 *Cheerios, Blueberries & 1% Milk	15 *French Toast, Strawberries & 1% Milk	16 Pancakes, Papayas & 1% Milk	17 Egg & Cheese Croissant, Bacon, Mangoes & 1% Milk	18 *Raisin Bran Cereal, Bananas & 1% Milk
South-of-the-Border w/ Marinara Sauce, Angel Carrots, Garlic Bread, Oranges & 1% Milk	Bean & Cheese Burrito, Soy Beans, Spanish Rice, Watermelon & 1% Milk	Beef Tortas, Lettuce, Tomatoes, Apples & 1% Milk	Chow Mein, Peas & Carrots, Cantaloupes & 1% Milk	Hot Dogs, Tater Tots, Pineapples & 1% Milk
Pita Bread & Cranberry Juice	Graham Crackers, Yogurt & Apple Juice	*Wheat Thins Crackers & Pineapple Juice	*Belvita Crackers & Orange Juice	Animal Crackers & Grape Juice
21 Kix Cereal, Peaches & 1% Milk	22 Waffles, Mangoes & 1% Milk	23 Blueberry Muffins, Strawberries & 1% Milk	24 Egg & Cheese English Muffins, Papayas & 1% Milk	25 *Cheerios, Bananas & 1% Milk
Spaghetti w/ Pesto Sauce, Carrots, Garlic Bread, Watermelon & 1% Milk	Cheese Quesadilla, Green Beans, Spanish Rice, Oranges & 1% Milk	Chik'n Nuggets, Cucumber, Strawberry Jam *Sandwiches, Apples & 1% Milk	Teriyaki Hamburger, *Steamed Rice, Soy Beans, Pineapples & 1% Milk	Cheese Burger, French Fries, Cantaloupes & 1% Milk
*Belvita Crackers, Pineapple Juice	*Whole Wheat Crackers & Grape Juice	Vanilla Waffles & Apple Juice	Ritz Crackers & Orange Juice	Goldfish Crackers & Cranberry Juice
28 *Raisin Cereal, Blueberries & 1% Milk	29 *French Toast, Strawberries & 1% Milk	30 *Cinnamon Toast, Papayas & 1% Milk	31 Pancakes, Mangoes & 1% Milk	
Penne Pasta w/ Marinara Sauce, Broccoli, Garlic Bread, Apples & 1% Milk	Cheese Flautas, Green Beans, Spanish Rice, Beans, Oranges, & 1% Milk	Beef Salad Wrap, Cucumbers, Watermelon & 1% Milk	Orange Chik'n, Broccoli, *Steamed Rice, Pineapples & 1% Milk	
Graham Crackers & Grape Juice	Ritz Crackers & Cranberry Juice	Cheese-It Crackers & Apple Juice	Animal Crackers, Orange Juice	

* (WGR) Whole Grain – Rich food item. Examples below:

* Whole grain bread

* Brown rice

* Whole grain tortilla

* Whole grain cereal