

## Discoveryland

I don't know about you, but I LOVE fall! Or as we like to refer it, boots and sweater season. I love the change in weather, the way nature reminds us to slow down and stop to enjoy the next few months of festivities, family and friends. It's the beginning of the thankful time of the year. It gets a little busier but I think for all the right reasons. Fall is the start of tradition and I for one am excited. We have some things going on this month that I hope you can make sure to attend. First of all, "THANK YOU" for coming out to the Parent Orientation. It was nice to have new and old faces here for the evening. I hope we were able to impart important things to you and your little humans. Don't forget we are always available for you whether it is in person, via phone or email. We are here to help you the best we can regarding the growth of your child. You are a part of our school Family and we are thankful and blessed for each one of you.



With the change in weather comes change to our center. We have some new staff members who we have not vet formally introduced. In the Kitchen we have Ms. Delia assisting Ms. Martha with the healthy meals our center provides for your little ones. Room 1, we welcome back Ms. Sheila who has been on extended leave to her country. During her absence Ms. Gina graciously worked her position helping Ms. Tania with all the busy hands and feet. Ms. Gina will continue to work with us in various positions substituting where needed. Mr. Josmar is a

## **News**

familiar face to us since he has been a part of our center since he was a preschooler himself! He continued on next door for K-8 and recently graduated from our sister school, Mountain View Academy. Josmar assists Ms. Nelly who is in charge of our afternoon after school program. We are truly blessed to have these dedicated and talented individuals in our center.



October 19 is picture day. This can get a little hectic, but we have been doing it for many, many years so don't worry, we will do our best to have cute faces ready for the camera. We welcome all students to come for picture day. If it is not your day to attend, we can try to fit you in so you can leave when the session is finished. You must stay with your child and return home when your child has completed the



sitting. If you cannot stay with vour child, we do daily drop offs for an additional cost. Please see the front office ladies for more information.

We are working on a field trip date. Right now many places are full for school trips so we may just choose a date and time and meet you there. I will keep you posted.

October 31 is our dress up day. We do not celebrate Halloween at our school but we do want to allow children to share their costumes with us as long as they are age appropriate and not scary. The



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teachers will be dressed up too, so it should be a fun day. I can hardly wait. Thank you for giving us your wonderful, funny, and sweet children. Each one has been created by God with their own individual characteristics that add so much to each class. We love coming to work to get little hugs and smiles. It is OUR pleasure to serve you.

#### Ms. Penny Corpus, Director





9 Joseph Mays Dyson 26 Ms. Esperanza 28 Ms. Delia

### Discoveryland **Preschool**

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**Penny Corpus, Director** 

## October

## DISCOVERYLAND MENU Breakfast, Lunch, Snack

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Corn Chex Cereal, Peaches & 1% Milk	3 *French Toast, Strawberries & 1% Milk	4 Blueberry Muffins, Grapes & 1% Milk	5 Egg & Cheese Croissant, Mangos & 1% Milk	6 Kix Cereal, Bananas & 1% Milk
<i>South-of-the-Border, Angel Carrots, Garlic Bread, Oranges &amp; 1% Milk</i>	<i>Cheese Flautas, Soy Bean, Spanish Rice, Watermelons &amp; 1% Milk</i>	<i>Beef Tortas, Lettuce &amp; Tomatoes, Apples &amp; 1% Milk</i>	<i>Beef Stir Fry, Broccoli, *Steamed Rice, Pineapple &amp; 1% Milk</i>	* <i>BLT Sandwiches, Crikle Cut Fries, Honey Dew &amp; 1% Milk</i>
*Wheat Thins Crackers & Apple Juice	Goldfish Crackers & Cranberry Juice	*Belvita Crackers & Pineapple Juice	Ritz Crackers & Grape Juice	Graham Crackers & Orange Juice
9 Columbus Day	10 Bagels w/ Cream Cheese, Blueberries & 1% Milk	11 Pancakes, Papayas & 1% Milk	12 Egg & Cheese English Muffins, Mangos & 1% Milk	13 *Cheerios, Strawberries & 1% Milk
School Closed	Cheese Quesadilla, Green Beans, Spanish Rice, Oranges & 1% Milk	<i>Chik'n Nuggets, * Strawberry Jam Sandwiches, Carrots, Green Apples &amp; 1% Milk</i>	Chow Mein, Peas & Carrots, Watermelon, & 1% Milk	Hot Dogs, Tater Tots, Cantaloupes & 1% Milk
	*Belvita Crackers & Apple Juice	Animal Crackers, Yogurt & Cranberry Juice	*Whole Wheat Crackers & Orange Juice	Vanilla Wafers Crackers & Apple Juice
16 Kix Cereal, Blueberries & 1% Milk	17 *Cinnamon Toast, Strawberries & 1% Milk	18 Waffles, Mangos & 1% Milk	19 Egg & Cheese Croissant, Papayas & 1% Milk	20 Corn Chex Cereal, Bananas & 1% Milk
<i>Spaghetti w/Marinara Sauce, Soy Beans, Garlic Bread, Watermelons &amp; 1% Milk</i>	Haystacks, Corn, Spanish Rice, Refried Beans, Honey Dews & 1% Milk	<i>Chik'n ABC Soup, Cheese * Sandwiches, Peas &amp; Carrots, Apples &amp; 1% Milk</i>	<i>Orange Chik'n, Broccoli, * Steamed Rice, Oranges &amp; 1% Milk</i>	* Grilled Cheese Sandwiches, French Fries, Pineapple & 1% Milk
*Wheat Thins Crackers & Orange Juice	Animal Crackers & Cranberry Juice	Ritz Crackers & Apple Juice	Goldfish Crackers & Grape Juice	Graham Crackers & Pineapple Juice
23 Cheerios, Peaches & 1% Milk	24 *French Toast, Papayas & 1% Milk	25 Pancakes, Strawberries & 1% Milk	26 Egg & Cheese English Muffins, Mangos & 1% Milk	27 *Raisin Bran Cereal, Blueberries & 1% Milk
<i>Penne Pasta w/Alfredo Sauce, Broccoli, Garlic Bread, Cantaloupes &amp; 1% Milk</i>	<i>Cheese Enchilada, Corn, Spanish Rice, Refried Beans, Apples &amp; 1% Milk</i>	Cheese Beef Salad Wrap, Oranges, Celery & 1% Milk	<i>Turky Strips, Broccoli, *Steamed Rice, Cantaloupes &amp; 1% Milk</i>	<i>Cheese Pizza w/ BK Sausage, French Fries, Pineapple &amp; 1% Milk</i>
*Belvita Crackers & Apple Juice	Vanilla Wafers Crackers & Cranberry Juice	*Whole Wheat Crackers & Orange Juice	Pita Bread Sandwiches, Pineapple Juice	Cheese-it Crackers & Grape Juice
30 *Raisin Bran Cereal, Blueberries & 1% Milk	31 Waffles, Strawberries & 1% Milk			
<i>Cheese Ravioli Pasta, Soy Beans, Garlic Bread, Oranges &amp; 1% Milk</i>	<i>Bean &amp; Cheese Burrito, Angel Carrots, Watermelons &amp; 1% Milk</i>			
Animal Crackers, Yogurt & Grape Juice	*Wheat Thins Crackers, Apple Juice ch food item. Examples below:			

\* (WGR) Whole Grain – Rich food item. Examples below:

\* Whole grain bread

\* Brown rice

\* Whole grain tortilla

\* Whole grain cereal