

## Discoveryland

Happy December. This is one of my favorite months of the year. It's a time for us to focus on family and friends. Hot coco, fire places, the decorated trees and presents. A time to reflect on the past year, and the new year coming up. How did we do? What do we have to look forward to? It is also a time to remember Jesus and the gift of His life for us and the blessings He has bestowed upon us. I hope the season brings you an abundance of love and joy. Your children have blessed us with moments of joy and daily reminders of why we work with young children. It isn't without its' challenges, but the sweet moments outshine the challenging ones. We are so grateful for each and every one of you.



Please remember we have entered the season for flus and colds. We are vigilant here at school with temperature checks and looking out for runny noses and behaviors that are not usual in children. When they are coming down with something, we can usually tell. They are not as active, more quiet, and just not themselves. We encourage

### **News**

you parents to do daily health checks with your little ones at home before the school day begins. Keep them home if they are getting sick. Many times, this is the most contagious period. I know it is hard when parents work full time. But we need to ensure the health and safety of everyone at our school. Healthy habits are going to be hard in December when there are parties and fun places to go. But try to keep to a schedule your child is familiar with. Eating healthfully is also important. Get your rest and wish for the best.



We have a short month but it is packed full of activities. Our Christmas Program is going to be a joint program with our sister school, Foothill Adventist Elementary on the 19<sup>th</sup> of December at 6 PM. There will be class parties and other fun things for our center. We have our half day on December 22 which will be the beginning of our winter break until January 8. Be well and stay safe everyone. Have a wonderful December.

Love. Ms. Penny Corpus, Director

## DECENSER

2023

#### **Dates to Remember**

#### **December**

- **Christmas Program** 19
- 22 **Minimum Day School** Dismissed at 12:00
- 25 Jan 5 Christmas Break

#### **January**

**School Resumes** 



- Ian Liu
- 13 Ahan Vadel
- 14 Kingston Williams
  - 21 Ms. Penny
  - 24 Dhruvi Shishira
  - 30 Ms. Annie

### **Discoveryland Preschool**

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Penny Corpus, Director

# **DISCOVERYLAND MENU Breakfast, Lunch, Snack**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
				1 Kix Cereal, Bananas & 1% Milk
				*BLT Sandwiches, French Fries, Honey Dews & 1% Milk
				Ritz Crackers & Orange Juice
*Cheerios, Blueberries & 1% Milk	Pancakes, Strawberries & 1% Milk	Bagels & Cream Cheese, Mangos & 1% Milk	7 Egg & Cheese Croissant, Papayas & 1% Milk	8 *Raisin Bran Cereal, Peaches & 1% Milk
Ravioli Pasta w/ Marinara Sauce, Sunshine Carrots, Garlic Bread, Oranges & 1% Milk	Bean & Cheese Burritos, Green Beans, Spanish Rice, Watermelon & 1% Milk	Beef Tortas, Lettuce & Tomatoes, Apples & 1% Milk	Beef Stir Fry, Broccoli, *Steamed Rice, Cantaloupes & 1% Milk	Pepperoni Pizza, Tater Tots, Pineapples & 1% Milk
Pita Bread Sandwiches & Apple Juice	*Wheat Thins Crackers, Cheese & Grape Juice	*Belvita Crackers, Yogurt & Orange Juice	Ritz Crackers & Pineapple Juice	Vanilla Crackers & 1% Milk
11 Kix Cereal, Bananas & 1% Milk	*French Toast, Papayas & 1% Milk	13 Blueberry Muffins, Strawberries & 1% Milk	14 Egg & Cheese Muffins, Mangos & 1% Milk	15 *Cheerios, Blueberries & 1% Milk
Spaghetti w/ Garlic & Butter, Soy Beans, Garlic Bread, Apples & 1% Milk	Haystacks, Angel Carrots, Spanish Rice, Watermelon & 1% Milk	Corn Dogs, Cucumbers, Apples & 1% Milk	Orange Chik'n, Broccoli, *Steamed Rice, Pineapples, & 1% Milk	Cheese Hamburger, Crinkle Fries, Oranges & 1% Milk
*Whole Wheat Crackers, Cheese & Pineapple Juice	Animal Crackers & Grape Juice	*Belvita Crackers & Orange Juice	Grahams Crackers & Apple Juice	Ritz Crackers & Cranberry Juice
18 *Raisin Bran Cereal, Peaches & 1% Milk	19 *Cinnamon Toast, Strawberries & 1% Milk	20 Waffles, Papayas & 1% Milk	21 Egg & Cheese Croissant, Mangos & 1% Milk	22 Blueberry Muffins, Bananas & 1% Milk
Penne Pasta w/ Marinara Sauce, Soy Beans, Watermelon, Garlic Bread & 1% Milk	Cheese Quesadilla, Green Beans, Spanish Rice, Cantaloupes & 1% Milk	Chik'n Nuggets, *Strawberry Jam Sandwiches, Carrots, Apples & 1% Milk	Teriyaki Hamburger, *Steamed Rice, Broccoli, Pineapple & 1% Milk	*Tuscan Grill Cheese Sandwiches, Honeydews, Tater Tots & 1% Milk
Vanilla Crackers & Grape Juice	Goldfish Crackers, Apple Juice	*Belvita Crackers & 1% Milk	Vanilla Crackers, Cranberry Juice	School Dismissed At 12:00
Discoveryland 25	Discoveryland 26	Discoveryland 27	Discoveryland 28	Discoveryland 29
CLOSED	CLOSED	CLOSED	CLOSED	CLOSED

<sup>\* (</sup>WGR) Whole Grain – Rich food item. Examples below:

<sup>\*</sup> Whole grain bread

<sup>\*</sup> Brown rice

<sup>\*</sup> Whole grain tortilla

<sup>\*</sup> Whole grain cereal