

# Discoveryland News



We find ourselves back at August where all things begin. The beginning of a new school year, new teachers, friendships, learning experiences, and fun. We have had a busy successful year and are looking forward to another full and fun one. We have some changes for the next school year. Mrs. Nicole will be leaving us at the end of August. Her husband has been stationed in Los Angeles so she will be joining him there. We will miss your creative spirit and gentle ways. Mrs. Jeena has also moved away to Seattle. Her husband accepted a job offer there. We will miss both of them greatly and wish you both the best of luck. God bless you two and your families.

I am happy to announce that we have reopened room 4. It will be our 3 and 4 year old AM only class. So we will



have all the classrooms open now. Our enrollment is getting close to full. So if you

know of anyone who is looking for a Preschool, please share our center with them. (Ask about our referral program in the front office.) The following teachers have been placed in the following classrooms.

Room 1 - Ms. Leila and Ms. Jenel Room 2 - Ms. Odilia and Ms. Tania

Room 3 - Ms. Janet and Ms. Kim

Room 4 - Ms. Annie

Room 5 - Ms. Angela

We are anticipating children on our waiting list, so the search for another teacher is on. We are accepting applications if you know of anyone who is interested in a teaching position.



August 18 we will be closed so the teachers can make final preparations for the new school year. Please find alternate care for your child that day. The official start of school is August 21st. I look forward to seeing all of you here.

This year I am starting the ABC's for parents. This month is the letter A. A is for ARMS. Arms that hold our little ones close, and arms that support them, and arms that push them gently into new experiences that help then grow. So as we begin, I hope your arms will be ready to let go and help them transition into this new experience. Thank you for allowing us to be a part of this journey.

Ms. Penny Corpus, Director



### Dates to Remember

#### August

- 18 Preparation Day No School
- 21 New School Year Begins
- 31 Watermelon Social at 3:30pm

#### September

- 4 Labor Day Holiday No School
- 11 Grandparents Day
- 26 Picture Day
- 28 Family Orientation & Potluck at 6pm



- 31 Aaron Griswold (Rm 3)
- 5 Shyamali Gorde (Rm 5)
- 12 Trina Tran (Rm 2)
- 18 Lilah Mendoza (Rm 5)
- 22 Maddox Hawkins (Rm 1)
- 28 Kaizen Tran (Rm 1)
- 21 Ryan Lau (Rm 1)
- 24 Allison Luong (Rm 3)
- 20 Si (Leo) Yuan (Rm 3)

### Discoveryland Preschool

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Penny Corpus, Director

## DISCOVERYLAND MENU Breakfast, Lunch, Snack

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	Cinnamon Toast, Fresh Fruit, & Milk	2 Mini Muffins, Fresh Fruit & Milk	3 English Muffins, Fresh Fruit, & Milk	4 Raisin Bran Cereal, Fresh Fruit & Milk
	Cheese Quesadilla, Corn, Spanish Rice, Beans, Fresh Fruit, & Milk	Chik'n Nuggets, Broccoli, Jam Sandwich, Fresh Fruit, & Milk	Teriyaki Hamburger, Steam Rice, Peas & Carrots, Fresh Fruit, & Milk	Hot Dogs, Tater Tots, Fresh Fruit, & Milk
	Animal Crackers, Milk, & Cranberry Juice	Cheese it Crackers & Orange Juice	Wheat Thins & Grape Juice	Goldfish Crackers & Mango Juice
7 Cheerios, Fresh Fruit, & Milk	8 Waffles, Fresh Fruit, & Milk	9 French Toast, Fresh Fruit & Milk	10 Bagels w/Cream Cheese, Fresh Fruit, & Milk	11 Corn Chex Cereal, Fresh Fruit, & Milk
Cheese Ravioli w/Marinara Sauce, Toss Salad, Garlic Bread, Fresh Fruit, & Milk	Cheese Enchiladas, Broccoli, Spanish Rice, Beans, Fresh Fruit, & Milk	Molletes (Open Sandwich) Green Beans, Fresh Fruit, & Milk	Turkey Strips, Steam Rice, Mix Vegetables, Fresh Fruit, & Milk	Grilled Cheese Sandwich, Curly Fries, Fresh Fruit, & Chocolate Milk
Pita Bread w/Jam & Grape Juice	Ritz Crackers & Apple Juice	Vanilla Wafers, Milk, & Mango Juice	Granola Bars, Yogurt, & Cranberry Juice	Wheat Thins Crackers & Orange Juice
14 Raisin Bran Cereal, Fresh Fruit, & Milk	15 Croissant, Fresh Fruit & Milk	16 Mini Blueberry Muffins, Fresh Fruit, & Milk	17 Cinnamon Toast, Fresh Fruit, & Milk	Teachers Preparation
Spaghetti w/Marinara Sauce, Toss Salad, Sliced Bread, Fresh Fruit, & Milk	Haystacks, Spanish Rice, Corn, Fresh Fruit, & Milk	Corn Dogs, Broccoli, Fresh Fruit, & Milk	<b>Mac' &amp; Cheese, Big Franks,</b> Green Beans, Toasted Bread, Fresh Fruit, & Milk	Day DISCOVERYLAND
Goldfish Crackers & Apple Juice	Cheese-it Crackers & Cranberry Juice	Graham Crackers, Milk, & Orange Juice	Wheat Thins Crackers & Grape Juice	CLOSED
21 Cheerios, Fresh Fruit, & Milk	22 Pancakes, Fresh Fruit, & Milk	23 Bagels w/Cream Cheese, Fresh Fruit & Milk	24 French Toast, Fresh Fruit, & Milk	25 Raisin Bran Cereal, Fresh Fruit & Milk
South of the Border Pasta, Toss Salad, Garlic Bread, Fresh Fruit, & Milk	Bean & Cheese Burrito, Cucumber, Spanish Rice, Fresh Fruit, & Milk	Turkey Tortas, Broccoli, Fresh Fruit, & Milk	Chik'n Divian, Steam Rice, Mix Vegetables, Fresh Fruit, & Milk	Cheese Burger, Tater Tots, Fresh Fruit, & Milk
Animal Crackers, Milk, & Cranberry Juice	Triscuit Crackers & Mango Juice	Goldfish Crackers & Grape Juice	Pita Bread w/Jam & Orange Juice	Wheat Thins Crackers, Milk, & Apple Juice
28 Cheerios, Fresh Fruit & Milk	29 Waffles, Fresh Fruit, & Milk	30 Cinnamon Toast, Fresh Fruit & Milk	31 Croissant, Fresh Fruit, & Milk	
Penne Rigate Pasta, Garlic Bread, Green Salad, Fresh Fruit, & Milk	Crunchy Tacos, Corn, Spanish Rice, Beans, Fresh Fruit, & Milk	<b>Chik'n Salad Wrap, Green</b> Beans, Fresh Fruit, & Milk	Chik'n Chow Mein, Peas & Carrots, Fresh Fruit, & Milk	
Ritz Crackers & Mango Juice	Vanilla Wafers, Milk, & Grape	Cheese-it Crackers & Apple Juice	Wheat Thins Crackers & Orange Juice	



Harvest Goodness!

This month might mean back-to-school for you...

Eat a good breakfast. Take along a few healthy snacks. Pack a yummy and nutritious lunch. Have after-school snack planned.

Plant the seed of good nutrition and healthfulness. If you buy good foods you and your kids will eat good foods. If you buy junk, you and your kids will eat JUNK.

You get out what you put in. Harvest Goodness!

#### Easy Garden Pasta

Cook 8 oz spaghetti per package directions. Drain. Add 1 diced tomato, ½ thinly sliced purple onion and 1 thinly sliced zucchini. Toss with 3 t Italian dressing, sprinkle with Parmesan cheese. Serve hot or cold.

Corn Salad – Add ¼ cup lime juice, ¼ tsp cumin, ¼ cup chopped cilantro, I red pepper and I jalapeno (both seeded and chopped), I package frozen corn or cooked corn from 4 cooked cobs (cut kernels from cob), salt and pepper to taste

