



## Discoveryland News



Hot August days are here! And our official first day of school is arriving soon! June and July were slow months for us. Many of you are still working from home and caring for your families during this period. We hope you are staying healthy and keeping those those little minds busy with things to do.



Our official first day of school is August 17. We anticipate many of you returning. We will keep you updated if there are any changes regarding childcare mandates. This may affect how we accept children for 2020-2021 school year. It may limit us to who can physically attened. Things are also rapidly changing and we are prepared to accommodate the CDC's and local health requirements if need be. My hope is that we can begin to increase our numbers gradually. Our teachers need to return to full hours for work, and children need to be able to be with their peers, and continue to learn from their teachers and one another. We crave interactions with other humans, and this time apart has been difficult. Many of you have shared with me how your children really miss their taechers and their friends. Parents, as much as we love our children,

need a mental break from them every now and then. We get it. It's not something to be ashamed of. This is why we plan date nights and girl's night out so we can enjoy some time to ourselves and our friends. I know this is a very different situation that none of us are in control of, but consider putting your children in part time just to ease them back into the school system. Don't forget we taking all the proper are precautions to ensure the health and safety of the staff, students and you.

During the break, we added to our school family. Many of you remember Ms. Jackie who worked in our kitchen a couple years ago. Her main job was at our sister school, Foothill as a Teacher's Aid and working in the before and after school day care. We will now see her smilling face in the front office helping you parents with whatever questions you may have. She will also will be helping me with filing and paperwork. So make sure you give her a healthy welcome when you return to school. Ms. Lynne is still with us but working part-time while she is finishing up her Master's degree. We are blessed to have them both here with us.

Last but not least, thank you for continuing to support our center. Even when you are not here, we still receive emails and calls from you. We love hearing updates on how your family is doing. We love seeing pictures and drawings they have made of us. It warms our hearts and reminds us that we have such wonderful friends in our community who appreciate us, even if it is from afar. Thank

you for giving us a reason to be here. I look forward to seeing more of you soon.



## Ms. Penny Corpus, Director

Dates to Remember August 5 I Love Being a Kid Day! 17 New School Year Begins Please stop by the office to pick up

an up-to-date Handbook.

September 7 Labor Day Holiday – No School 24 New Families Orientation



9 MS. LYNNE (STAFF)3 IVAN VASQUEZ26 BRYCE CAMPBELL



## August

## DISCOVERYLAND MENU Breakfast, Lunch, Snack

| MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY   |
|---|---|--|--|--|
| 3<br>Cheerios, Bananas & 1%<br>milk   | 4<br>Waffles, Papayas & 1% Milk   | 5<br>Egg & Cheese Croissants,<br>Strawberries & 1% Milk                              | 6<br>Bagels, Mangos & 1% Milk  | 7<br>*Raisin Bran Cereal, Peaches<br>& 1% Milk           |
| Spaghetti w/Pesto Sauce,<br>Tossed Salad, Garlic Bread,<br>Watermelon & 1% Milk                 | Haystacks, Corn, Spanish<br>Rice, Beans, Apples & 1%<br>Milk                | *Chik'n Salad Wrap,<br>Cucumbers, Oranges & 1%<br>Milk                               | Teriyaki Hamburger, Peas &<br>Carrots *Steamed Rice,<br>Pineapples & 1% Milk | Hot Dogs, Tater Tots, Apples<br>& 1% Milk                |
| *Belvita Crackers, Yogurt &<br>Cranberry Juice  | *Whole Wheat Crackers,<br>Cheese Sticks & Orange Juice                      | Cheese-it Crackers & Grape<br>Juice  | Ritz Crackers & Grape Juice  | Graham Crackers & Apple<br>Juice                         |
| 10<br>Corn Chex Cereal, Bananas<br>& 1% Milk  | 11<br>Blueberry Muffins,<br>Strawberries & 1% Milk                          | 12<br>Pancakes, Mangos & 1%<br>Milk  | 13<br>Raisin Cinnamon Toast,<br>Papayas & 1% Milk                            | 14   |
| Ravioli Pasta w/Marinara<br>Sauce, Carrots, Garlic Bread,<br>Apples & 1% Milk                   | Cheese Flautas, Green Beans,<br>Spanish Rice, Beans, Honey<br>Dew & 1% Milk | Chik'n Nuggets, Cucumbers,<br>*Strawberry Jam<br>Sandwiches, Pineapples &<br>1% Milk | Turk'y Strips, Broccoli,<br>*Fried Rice, Cantaloupes &<br>1% Milk            | Teachers Preparation Day<br>DISCOVERYLAND<br>CLOSED      |
| *Wheat Crackers, Cheese<br>Sticks & Grape Juice   | *Belvita Crackers & Apple<br>Juice  | Ritz Crackers & Pineapple<br>Juice   | Animal Crackers, Yogurt &<br>Cranberry Juice                                 |  |
| 17<br>Corn Chex Cereal,<br>Blueberries & 1% Milk  | 18<br>*English Muffins, Mangos &<br>1% Milk                                 | 19<br>*Cinnamon Raisin Toast,<br>Papaya & 1% Milk                                    | 20<br>Pancakes, Strawberries &<br>1% Milk                                    | 21<br>Cheerios, Bananas & 1%<br>Milk                     |
| *Penne Pasta w/Marinara<br>Sauce, Tossed Salad, Garlic<br>Bread, Apples & 1% Milk               | Quesadillas, Spanish Rice,<br>Green Beans, Watermelon &<br>1% Milk          | Corn Dogs, Cucumbers,<br>Oranges & 1% Milk   | Beef Stir Fry, *Steamed<br>Rice, Broccoli, Watermelon<br>& 1% Milk           | Cheese Burgers, Curly Fries,<br>Apples & 1% Milk         |
| Goldfish Crackers & Apple<br>Juice  | Vanilla Wafers & Cranberry<br>Juice   | Ritz Crackers, Cheese Slices<br>& Pineapple Juice                                    | Graham Crackers & Grape<br>Juice   | *Whole Wheat Crackers &<br>Orange Juice                  |
| 24<br>*Raisin Bran Cereal,<br>Strawberries & 1% Milk  | 25<br>Waffles, Papaya & 1% Milk   | 26<br>*French Toast, Strawberries<br>& 1% Milk                                       | 27<br>Egg & Cheese Croissants,<br>Blueberries & 1% Milk                      | 28<br>Corn Chex Cereal, Peaches<br>& 1% Milk             |
| South of the Border Pasta<br>w/Marinara Sauce, Carrots,<br>Garlic Bread, Honey Dew &<br>1% Milk | Cheese Enchiladas, Corn,<br>Spanish Rice, Apples & 1%<br>Milk               | Beef Tortas, Lettuce &<br>Tomatoes, Oranges & 1%<br>Milk                             | Orange Chik'n, Broccoli,<br>*Steamed Rice, Watermelon<br>& 1% Milk           | Fish Fillet Burgers, Tater<br>Tots, Pineapples & 1% Milk |
| Animal Crackers &<br>Cranberry Juice  | *Belvita Crackers, Yogurt &<br>Apple Juice                                  | Goldfish Crackers & Orange<br>Juice  | Pita Bread Sandwiches &<br>Pineapple Juice                                   | *Wheat Thins Crackers &<br>Grape Juice                   |
| 31<br>Cheerios, Bananas & 1%<br>Milk  |   |  |  |  |
| Spaghetti w/ Garlic & Butter,<br>Garlic Bread, Tossed Salad,<br>Apples & 1% Milk                |   |  |  |  |
| *Whole Wheat Crackers &<br>Apple Juice  |   |  |  |  |

\* (WGR) Whole Grain - Rich food item. Examples below:

- \* Whole grain bread
- \* Brown rice
- \* Whole grain tortilla
- \* Whole grain cereal

\* We serve only 100% juices at our center