

Discoveryland News

December...Ahhhh..a time for celebration, giving, family, fun, and cheer. A time for us to reflect on the year, and the gifts God has given to us. We ask the children what gifts God has given us and it humbles me to be reminded that He gave us the moon, sun, stars, nature, our families and friends. All the things we take for granted. We get caught up in worrying or thinking about our jobs, arguments we are having with someone, or what we wish we had or places we could go. But if we just stop and take a moment to look around at the people who love us and the homes we live in, the cars we drive, and the life we live, I think we can see that our gifts from God are great. I for one am grateful for the gift of life. And I hope we are able to live it the way He wants us to by honoring Him during this Christmas Season.



I also wanted to remind you that as adults, we view Celebrations differently than children do. Especially very young children. When we see a beautiful lit tree with sparkling decorations and beautifully wrapped presents, we know to admire and enjoy without touching, Children see all those great things on and under the tree and want to explore by feeling, touching, and living the celebration by exploring. It's what kids do. It's how they learn. You may want to think about this and provide a child safe tree that they can decorate with soft ornaments or ones you make together. Place it low where they can touch and feel and put

back any way they want. This allows them to truly enjoy this time without getting in trouble for touching or breaking ornaments. Parties can also be overwhelming. Dressing up, going places, meeting people they might not remember, staying up late, are all transitions that are not in their regular routine. Be mindful of this. And be understanding of their meltdowns. We want this to be a happy time for everyone.



Please remember we are off for the Christmas break from December 20 - January 2. December 17 is a half day for all of us and we will see all of you back here January 3, 2022. We hope you enjoy this time off and will look forward to seeing you in the New Year.

Thank you for being our gift. We love you and your little ones so much. Every day with them is like opening a gift. We never know what wonderful, funny, creative thing we will get from them that day. It is our joy to serve you. Happy Holidays.



Love, Ms. Penny Corpus, Director







3 Stephanie Jing
11 Hugh Truong
16 Savannah Mendoza
21 Ms. Penny (Director)
30 Ms. Annie (Teacher)

Discoveryland Preschool

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DISCOVERYLAND MENU Breakfast, Lunch, Snack

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		1 Egg & Cheese Croissant, Papayas & 1% Milk	2 Blueberry Muffins, Mangos & 1% Milk	3 *Raisins Bran Cereal, Bananas & 1% Milk
		Chik'n ABC Soup, *Cheese Sandwiches, Peas & Carrots, Apples & 1% Milk	Orange Chik'n , Broccoli, *Steamed Rice, Pineapples, & 1% Milk	Hot Dogs, French Fries, Honey Dew & 1% Milk
		Goldfish Crackers & Orange Juice	Animal Crackers & Grape Juice	Ritz Crackers & Pineapple Juice
6 Cheerios, Blueberries & 1% Milk	7 *Cinnamon Toast, Strawberries & 1% Milk	8 *Egg & Cheese English Muffins, Papaya & 1% Milk	9 Bagels w/ Cream Cheese, Mangos & 1% Milk	10 Corn Chex Cereal, Peaches & 1% Milk
South of the Boarder Pasta w/Marinara Sauce, Green Salad, Watermelon, Garlic Bread & 1% Milk	Cheese Enchilada, Corn, Spanish Rice, Honey Dew & 1% Milk	Beef Tortas, Lettuce & Tomatoes, Apples & 1% Milk	<i>Turk's Strips</i> , Broccoli, *Fried Rice, Cantaloupes & 1% Milk	Pizza w/ BK Crumble, Tater Tots, Pineapple & 1% Milk
*Wheat Thins Crackers & Orange Juice	Graham Crackers & Apple Juice	Goldfish Crackers & Cranberry Juice	Ritz Crackers & Pineapple Juice	*Belvita Crackers & Grape Juice
13 *Raisin Cereal, Bananas & 1% Milk	14 *Oat Pancakes, Papayas & 1% Milk	15 *French Toast, Strawberries & 1% Milk	16 Egg & Cheese Croissant, Mangos & 1% Milk	17 Corn Chex Cereal, Blueberries & 1% Milk
Spaghetti w/ Garlic & Butter, Carrots, Garlic Bread, Green Apples & 1% Milk	Haystacks, Corn, Spanish Rice, Watermelon & 1% Milk	Chik'n Nuggets, *Strawberry Jam Sandwiches, Cucumber, Red Apples & 1% Milk	Teriyaki Hamburger, *Steamed Rice, Peas & Carrots, Pineapple & 1% Milk	Cheese Hamburger, French Fries, Oranges & 1% Milk
Cheese-It Crackers & Apple Juice	Vanilla Crackers & Cranberry Juice	Pita Bread & Orange Juice	Animal Crackers & Grape Juice	*Wheat Thins Crackers & Pineapple Juice
20 Discoveryland	21 Discoveryland	22 Discoveryland	23 Discoveryland	24 Discoveryland
CLOSED	CLOSED	CLOSED	CLOSED	CLOSED
27 Discoveryland	28 Discoveryland	29 Discoveryland	30 Discoveryland	31 Discoveryland
CLOSED	CLOSED	CLOSED	CLOSED	CLOSED

* (WGR) Whole Grain – Rich food item. Examples below:

- * Whole grain bread
- * Brown rice
- * Whole grain tortilla
- * Whole grain cereal

* We serve only 100% juices at our center